

FEBRUARY, 2010

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
1 Waffle/Syrup Sausage Link Juice/Milk	2 Egg Patty English Muffin Juice/Milk	3 Oatmeal Warm Fruit Compote Juice/Milk	4 Cereal Choice Toast Juice/Milk	5 Sausage Gravy Biscuit Juice/Milk
8 Combolink Toast Juice/Milk	9 Breakfast Parfait Toast Juice/Milk	10 Whole Wheat Pancakes Sausage Links Syrup/Juice/Milk	11 Cinnamon Twist Cheese Slice Juice/Milk	12 Egg Casserole Toast Juice/Milk
15 Tac 'n' Go Juice/Milk	16 French Toast Syrup/Juice/Milk	17 Bagel w/cream cheese Yogurt Juice/Milk	18 Pancake on a stick Syrup/Juice/Milk	19 Oatmeal Bacon Juice/Milk
22 Breakfast Pizza Juice/Milk	23 Long John Sausage Link Juice/Milk	24 Wildcat Breakfast Sandwich Juice/Milk	25 Cinnamon Roll Cheese Slice Juice/Milk	26 Ham Slice Bagel w/cream cheese Juice/Milk

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LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
1 Cheese Quesadillas* Refried Beans Lettuce Cup Mixed Fruit Opt: Cheese Cup	2 Beef Stew* Cheese Stick Corn Bread Muffin Green Beans Diced Pears	3 Chicken Fiesta Mac B&B Sandwich Corn Mandarin Oranges Dirt Pudding	4 Ham & Cheese Squares* Sweet Potato Fries* Applesauce	5 Macaroni & Cheese* Little Smokies* Lettuce Salad OR Veggie Cup Apple w/dip
8 Italian Chicken Patty w/bun Italian Vegetables Cinnamon Applesauce Cup	9 Chicken Fajitas Tortillas Lettuce Salad OR Refried Beans Tropical Fruit Yogurt Parfait	10 Chili B&B Sandwich Vegetable Cup Apple Cinnamon Roll	11 Turkey Deli Wrap French Fries Lettuce Cup Apricots	12 Ravioli Cheese Stick Bread Stick Green Beans Pineapple Dream
15 Cheese Omlet Biscuit Hash Brown Orange Coffeecake	16 Spaghetti with Meat Sauce Garlic Toast Vegetable Cup Spiced Apples	17 7 Layer Meatless Tortilla Pie Cheesy Refried Beans Tropical Fruit	18 Sweet & Sour Pork Rice Oriental Vegetables Mandarin Oranges	19 Soft Tacos Cheese Cup Mexican Rice Refried Beans Lettuce Salad Cherry Crisp
22 Bar-B-Que Rib/Bun French Fries Applesauce Teddy Grahams	23 Asian Chopped Salad Vegetable Cup Peach Cups Trail Mix	24 Meat & Cheese Nachos Corn Chips Lettuce Salad Refried Beans Strawberries Yogurt Parfait	25 Cooked Ham Dinner Roll Creamed Peas Grapes Pudding	26 Toasted Cheese Sandwich Tomato Soup Goldfish Crackers Pistachio Cupcakes
ALTERNATES: M-Chicken Patty /bun T-Hamburger/bun W-Hot Dog/bun Th-Pizza F-Fish/bun				

* We have made some menu changes to accomodate the amount of product that is in our freezer due to snow days. *Changes below*

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February 2nd - Breakfast will be Tac 'n' Go's instead of egg patty

February 4th we will have potato wedges instead of sweet potato fries

February 5th we will have either corn dog or cheddar wurst instead of Mac & cheese and Li'l Smokies.

Monday February 1st the alternate will be chicken strips or nuggests instead of Chicken Patty.